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**Briefly**

**Sisters for Life Canada Day Cash Raffle**

WINCHESTER - 1st prize: \$1,000; 2nd prize: \$300; 3rd prize: \$200.

Tickets are \$5 each - only 1,000 tickets being sold. Money raised going to the Winchester District Memorial Hospital Foundation's Digital Mammography Fund. Draws will take place June 29.

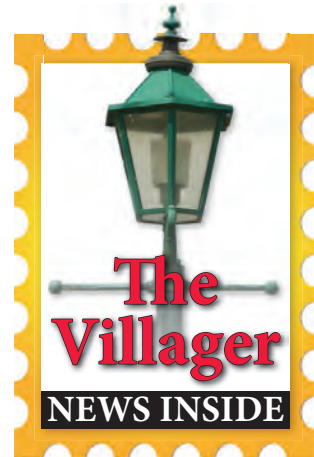
To purchase tickets, please send an e-transfer with the password "raffle" to Kim at kcsb15@hotmail.com or Angie at a2beehler@gmail.com, along with an email to the same address with your name, address, and phone number. Your e-transfer receipt and a photo of your ticket(s) purchased will be sent back within 48 hours. (18+ only!). Tickets can also be purchased by cash through any member of the Sisters for Life Team (please visit Facebook: Sisters for Life: Choose Hope for additional information).

Thank you from Sisters for Life. Together we are making a difference in the fight against cancer!

**Graduation time**

CHESTERVILLE - North Dundas District High School will be holding a drive through graduation for their Gr. 12 students. Students will be picking up their diplomas on Thursday and Fri., June 24 and 25 after making an appointment. The school's virtual grads will be online for Gr. 8's Tuesday evening and Gr. 12's on Wednesday evening. Links will be live on our FB page, about 30 minutes prior to the events.

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**Retiring with no regrets**

Edwin Duncan then and now as he prepares for closing JED Express down and moving on to the next chapter in his life, which, may be just as busy as the last one. **See story on page 7.**

Courtesy Photos

**Allan Armstrong elected as new SDG counties warden**

Joseph Morin  
 Record Staff

CORNWALL - North Dundas Deputy Mayor Al Armstrong has been elected by United Counties of Stormont, Dundas and Glengarry, (SD&G) councillors to finish off the term of county warden Frank Prevost.

The vote was precipitated by the unsettling vacancy at the United Counties of SD&G council table due to the six-month leave of absence granted to Prevost.

Armstrong will be sworn in in December and will serve as the warden until the term ends in 2021.

Armstrong is in his first term serving as deputy mayor in North Dundas.

He has a healthy political resumé going back to 2001 when he was first elected to the council table in North Dundas.

The vote to elect Armstrong to the position came when the SD&G council held their regular council meeting on Mon., June 21.

Continued on page 2

**North Stormont makes 'historic deal' with GFL**

Sandy Casselman  
 Local Journalism Initiative Reporter

BERWICK - "This is a historic deal and I think it's a great deal as far as where we're going as a municipality," township of North Stormont Mayor Jim Wert said. "It may allow us even more opportunities than are on the table tonight."

It was during the municipality's June 15 council meeting that the "historic deal" was made official when North Stormont politicians passed a bylaw authorizing a disposal service agreement with Green for Life Environmental Inc. (GFL) that will cover the township's waste management needs for the next two decades. The

agreement will start on Dec. 1 of this year and will continue for 20 years and one month.

"I think we're entering into a phase that is going to be unique in the landfill industry," Wert said.

The township's current contract, originally signed with Lefleche Environmental Inc. roughly 20 years ago, is set to expire on Nov. 24 of this year. The waste management portion of Lefleche Environmental is now owned by GFL, which, according to its online profile, is the only major diversified environmental services company in North America offering services in solid waste management, liquid waste management, and infrastructure development.

Continued on page 3



**Mike DEAN LOCAL GROCER**

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## Allan Armstrong Continued from the front

Councillors held lengthy discussion about what they should do regarding the unexpected vacancy at the head of their council table.

The issue they were all concerned about was preserving the effectiveness and consistency of council deliberations and decisions.

To choose to have a vote on the position, the council had to first agree to suspend its procedural bylaw and proceed with a vote, via secret ballot, to determine who would become the new warden. South Glengarry Deputy Mayor, Coun. Lyle Warden served as acting warden during the June 21 meeting.

In a press release from SD&G Armstrong said, "I am humbled that my colleagues around the counties' council table saw fit to bestow this honour upon me," Armstrong said following his election. "My goal as warden is to help us navigate the next five months with a renewed

focus on helping our residents and small businesses deal with the effects of the COVID-19 pandemic, while also fostering a positive relationship with our municipal neighbours, including the City of Cornwall."

Armstrong is looking forward to his new role as warden.

"It is something that I have thought of from time to time. It would be nice to be able to dig in at that level," he said.

"I am quite comfortable with my portfolio at the municipal level, but I wouldn't mind making whatever impact I can at the upper tier level."

Armstrong said even though it would only be for a short time, he was looking forward to providing the leadership other members of the council expect from him.

North Dundas Mayor Tony Fraser was pleased with the decision.

"I support it 100 per cent," he said.



Deputy Mayor Al Armstrong

Courtesy Photo

The mayor felt having a warden from North Dundas was good for the community.

He was happy to see the warden role move around SD&G.

"Each municipality should have an opportunity to have a warden."

He felt that the counties need a warden to finish out the current term.

The Ontario Provincial Police (OPP) Child Sexual Exploitation Unit (CSEU), Stormont, Dundas and Glengarry OPP, Grenville OPP along with OPP Digital

Forensics Investigators arrested and charged Frank Prevost on June 8, with three counts of child luring offences after an online undercover operation. Prevost is the current mayor of South Glengarry and warden for the United Counties of Stormont Dundas, and Glengarry (SD&G), and a Cornwall resident.

As a result of a separate investigation involving an adult victim, the accused has also been charged with one count of sexual assault.

He was held for a video bail hearing at the Ontario

Court of Justice in Cornwall.

Being charged with a crime does not necessarily mean a councillor, mayor or warden will be forced to leave their position. A presumption of innocence provides protection from that, however, if a member of a council is absent from his or her position for more than three months without the permission of fellow council members, they can be removed from their position.

A press release from the OPP about exploitation of children in general stated: "The OPP has seen an increase in online offender behaviour, by people intent on the sexual exploitation of children. As a result, members of OPP CSEU are actively conducting proactive online luring investigations to aggressively target these offenders."

Parents are reminded to take a proactive approach to help protect their children from online sexual exploitation by speaking with their children regarding internet safety. Parents and

anyone interested in protecting children can find resources to assist them at [www.cybertip.ca](http://www.cybertip.ca).

Anyone with information regarding this investigation, or if you have information regarding internet child exploitation, please contact the OPP. If you wish to remain anonymous, you can contact Crime Stoppers at (TIPS) or 1-800-222-8477 [www.ontariocrimestoppers.ca](http://www.ontariocrimestoppers.ca). Reporting information may also be made on the internet through [www.cybertip.ca](http://www.cybertip.ca), 1-888-310-1122."

The 2022 warden will be sworn in, in December at a meeting of the council of the United Counties of Stormont, Dundas and Glengarry. The meeting is comprised of the mayors and deputy mayors of each of the six local municipalities within the county.

The warden is the head of counties council and is elected annually by members of council. A warden may serve a second consecutive term if re-elected.

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We are excited to be able to offer some programs outside for our clients for July and August.

If you wish to participate in any of these activities there is a sign up list. There is limited restrictions to the amount of clients able to participate in the activities. The outdoor activities will be held under our carport for Chair Yoga, Coffee Time, and Caregiver Support Group.

The walking group is an outdoor walk held every Monday & Friday of the month. If you are interested in any of these outdoor activities please give the Centre staff a call to register.

We will have our Drive Thru Diners starting up again.

**Chesterville Drive Thru Diners will be the 1st & 3rd Tuesday of the month for July and August**  
Tuesday, July 6th at 12 p.m.  
Must call to be put on list no later than July 2nd.

Tuesday, July 20th at 12 p.m.  
Must call to be put on the list no later than July 12th.

**South Mountain Drive Thru Diners will be the 2nd & 4th Tuesday of the month for July and August**  
Tuesday, July 13th at 12 p.m.  
Must call to be put on the list no later than July 13th.

Tuesday, July 27th at 12 p.m.  
Must call to be put on the list no later than July 19th.

**Winchester Drive Thru Diners will be every Thursday of the month for July and August**  
Thursdays on July 8, 15, 22 & 29  
Must call the week before to be put on the list.

Our Meals on Wheels Program will be run on Monday, Wednesday, & Friday with all the Drive Thru Diners on the Tuesdays and Thursdays.

Our Footcare, Health & Wellness appointments are by appointment only.

We look forward to seeing you all at the various programs and or activities that we are able to offer at the present time.

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## Great way to start the weekend

Carolyn Thompson Goddard  
Record Staff

CHESTERVILLE – On Fri., June 18, Royal Canadian Legion Branch 434 in Chesterville held another successful Barbecue Chicken Dinner.

Two hundred dinners, consisting of a half BBQ chicken, baked beans, coleslaw, and a roll, were picked up during the event, with Legion president Steve Grubb mentioning funds raised will be used for “the day-to-day operations of the

Legion, as we have been shut down since April.” He noted the patio has been open for the past week in accordance with “Step 1 of the new provincial reopening plan.”

When asked, Grubb replied there are between six to eight volunteers, working as cooks, kitchen staff and cashiers needed to run the event and wished to thank “all of the repeat patrons who have been supporting the barbecues over the past year that we’ve been doing takeout.”

Upcoming events include a wing night in early July and a chicken barbecue on July 16 and Grubb commented how the Legion “can’t open up inside until Step 3, which will be after July 23.” Please visit the Chesterville Legion Facebook page for updates and new information.

Chickens for the second dinner pick-up time were just beginning to cook over the coals as people were arriving for the 4:30 p.m. pick up time slot.



In no particular order, the cooking crew of Todd Malo, Jeff “Snark” Cranham, Terry Williams and Greg Kelly are shown hard at work at the barbecue pit located just outside the Legion in Chesterville.

Thompson Goddard Photo

## Ross Video expansion moves steadily forward

Sandy Casselman  
Local Journalism Initiative Reporter

MORRISBURG – Ross Video Ltd.’s expansion in the Village of Iroquois is moving steadily forward.

During the June 14 Municipality of South Dundas council meeting, municipal politicians unanimously agreed to two Site Plan Control requests from the large employer. The decision will not be official until chief building official Nicole Lowey brings a bylaw to council at the next meeting on June 28. Councillor Lloyd Wells was absent from the meeting.

Lowey reminded council that under the

municipality’s new development bylaw, commercial properties must go through a Site Plan Control process. She said that in doing so, Ross Video representative Eastern Engineering was requesting to leave the current fence waste enclosure in its current position, and to have three entrances along Dundas Street instead of two. She said that eliminating the third entrance would mean eight less parking spots.

“The [United Counties of Stormont, Dundas, and Glengarry] are very fussy about extra entrances,” Mayor Steven Byvels said, adding that he is fine with the extra entrance, provided that the township’s director of

to be phased in over the next few years. The agreement covers disposal rates, contributions to infrastructure projects, and host community fees.

“I know there is limited information we can give, but it is a good deal,” Coun. Steve Densham said, alluding to upcoming community investments in Moose Creek, Finch, and Crysler. “I just think it’s fantastic. I just want to thank all of the team.”

In a statement released following the June 15 meeting, Calder said GFL is demonstrating community commitment with \$1.26 million in community benefits. These are to be used for the new Moose Creek Community Centre, as well as for fire equipment for both the Crysler and Finch Fire Stations. GFL Canada East vice president Dave Richmond said he is looking forward to creating a first-class environmental facility.

“Beyond the immediate deal, GFL has also agreed to work collaboratively with the township to advance economic development within the municipality and is constantly looking for new ways to shape the future vision of waste disposal and management in an environmentally progressive fashion,” Calder said. Fox called it a win-win situation.

## Historic deal

Continued from the front

Marc Fox, who has roughly 30 years of experience in the industry, was hired by North Stormont to assist in the negotiations with GFL. During the June 15 discussion, Coun. Roxane Villeneuve, who said she saw this “mutually beneficial” deal as positive for the township, asked Fox to clarify his relationship with GFL during this negotiating period.

“I am representing North Stormont,” Fox said. He gave a brief overview of his work history. He worked for Lefleche in the past, prior to it being bought out by GFL, he said, at which point he moved to a different waste company. At different points in time, Fox said he has worked for GFL, and he has been its competitor. Prior to the North Stormont deal, Fox was working for GFL, but stopped so that he would be able to act as an advisor to North Stormont.

“This is a very valuable 20-year contract that benefits the community as a whole,” chief administrative officer Craig Calder said.

The new contract has been updated and modernized, Calder said. It has a competitive compensation schedule that is

transportation has no issues with it.

Lowey confirmed that South Dundas director of transportation Jeff Hyndman has no concerns about the extra entrance, noting it should not impact traffic flow because

Ross Video employees, who work in shifts, will be the only ones using the entrance. As for the fenced waste enclosure, Lowey said staff has not had any complaints with its current location.

## Bottle Drive for Beyond 21: A place to belong

On June 19 and 20, Beyond 21 held a successful bottle drive with drop off locations

throughout SDG and the City of Cornwall. Beyond 21 is an organization which provides support and skill building programs to adults with a developmental disability in SDG and the City of Cornwall. One of the drop-off locations was the parking lot at The Finch Market in the community of Finch. During the weekend volunteers, including several students working on accumulating community volunteer hours, received many donations of bottles for Beyond 21. From the left: Connor Armstrong and Bobby Robinson are shown during the early afternoon of June 19 at the drop-off location in Finch.

Thompson Goddard Photo



### THE CORPORATION OF THE MUNICIPALITY OF SOUTH DUNDAS NOTICE OF PUBLIC MEETING CONCERNING A PROPOSED MUNICIPAL-WIDE ZONING BY LAW AMENDMENT HOUSEKEEPING AMENDMENT MUNICIPALITY OF SOUTH DUNDAS

TAKE NOTICE that the Council of the Corporation of the Municipality of South Dundas will hold a Public Meeting on the 19<sup>th</sup> day of July 2021, at 6:00 p.m. at the Municipal Office, to consider a proposed Zoning By-law Amendment under Section 34 of the *Planning Act R.S.O. 1990, as amended*.

The proposed Zoning By-Law Amendment is to correct anomalies in Zoning By-law 2010-48 to more clearly reflect the intent of the Municipality when the Comprehensive Zoning By-law was adopted. This will include the following amendments:

- Adding fence provisions to the General Provisions Section
- Updating address errors in the Residential zones
- Updating the Agricultural Special Exception 8 (Surplus Dwelling) provisions
- Updating address errors in the Agricultural zones
- Updating the Rural and Agricultural lot coverage provisions
- Adding retail use to Highway Commercial Zone and General Commercial Zone

This Zoning By-law Amendment is not related to any Consent Application, Minor Variance, Official Plan Amendment or Plan of Subdivision.

ANY PERSON may attend the Public Meeting conference call and/or make written or verbal representation either in support of or in opposition to the proposed Amendment.

Members of the public who wish to attend the meeting as an Attendee please call the Municipal office at 613-543-2673 at least 12 hours prior to the meeting.

Please leave a message with your first and last name, phone number, email address and home address. Registration will be confirmed by a Municipal staff member who will provide you with the call in instructions. This information will be shared up to one business day in advance of the meeting.

If a person or public body does not make oral submissions at the Public Meeting or make written submissions to the Municipality of South Dundas before the By-law is passed, the person or public body is not entitled to appeal the decision of the Council of the Municipality of South Dundas to the Ontario Land Tribunal.

If a person or public body does not make oral submissions at the Public Meeting, or make written submissions to the Municipality of South Dundas before the By-law is passed, the person or public body may not be added as a party to the hearing of an appeal before the Ontario Land Tribunal unless, in the opinion of the Tribunal, there are reasonable grounds to do so.

For additional information about this matter, including information about appeal rights, please contact the Director of Planning via email at [planner@southdundas.com](mailto:planner@southdundas.com).

DATED at the Municipality of South Dundas this 24<sup>th</sup> day of June 2021.

Planning Department  
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# EDITORIAL & Opinion

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## Preserving our past for the future

Carolyn Thompson Goddard  
Record Staff

CHESTERVILLE—For the past couple of years, members of the Chesterville & District Historical Society Collections Committee (CDHSCC) have been conscientiously working at the digitalization of artifacts located in the Heritage Centre on Victoria Street in Chesterville. Bob Pitruniak, a member of the CDHSCC, explained in an email to *The Chesterville Record*, how the project, named “Chesterville Stories,” will provide visitors to the Heritage Centre with access to viewing or listening to artifacts through a computer

portal. Since 1984, the Chesterville and District Historical Society has been working to ensure the preservation, protection, and promotion of the history of our local communities. For almost 30 years, people have been donating items such as photographs, memorabilia, furniture, books, and paperwork which has resulted in the Society having a “collection of more than 5,500 artifacts” according to CDHS Collections Committee chair Bob Pitruniak. The Collections Committee for the CDHS is composed of Petruniak, Gerry Johnson,



Verne McMillan, Bob Gilroy, Ashley Harper and Jamie Sommerville.

While some of the artifacts have already been catalogued, in 2017 the CDHS Collections Committee began the task of recording the location and condition of the artifacts in the collection, photographing, or scanning the artifacts.

The committee also updated the artifact numbering system and ensured the proper paperwork has been completed for donations or loans to the Society.

In his email, Pitruniak mentions as the Heritage Centre is not climate controlled and over time the artifacts can degrade, noting paper becoming brittle or discoloured over the years, there is a sense of urgency to have photographs taken of the items in the collection which is apparently one third complete. He

continued, since there are no fire detection or suppression systems at the Heritage Centre, fire “is an ever-present worry,” before explaining how a fire should occur at the Heritage Centre, then the “digitalized copies of as much of our collection as possible would allow us to make many important items from the collection available.”

There are several audio/visual artifacts in the collection, such as cassette tapes, VHS video tapes, phonograph records and 35 mm slides. It was decided by the committee that to best preserve and provide access to the information on these items, photographing these artifacts was not sufficient, but they should be digitalized. It was then, according to Pitruniak, the Collections Committee experienced a “eureka” moment. “CDHS has a collection of artifacts that mostly reside in storage,

inaccessible and unknown to visitors.” Using modern computer technology these photos, audio and video artifacts which are digitalized can be safely accessed through “a computer screen with headphones in the main display area of the Heritage Centre.”

Thus began the “CDHS Stories” program, which has digitalized a significant portion of the holdings of the CDHS. Captured by computer technology are the pictures of our area, both in the early days and the near past.

A preview of a portion of the work provided an index to the information which includes photos and maps of early Chesterville, snippets of the “extensive collection of audio tapes recorded by Clarence Cross” in which he interviewed and recorded the memories of several local residents during the 1980’s and 1990’s and by doing so gained a deeper

understanding of our local history.

Gerry Johnson, CDHS vice chair and member of the CDHSCC, explained how only a small portion of the collection in a museum can be on display at a time, and digitalization can benefit Heritage Centre visitors and researchers by providing access to items which would otherwise be inaccessible.

Johnson continued how people making donations to the CDHS will know “their items can be viewed and are not just stored away” with the collection being digitalized.

CDHS president Caroline Roberts described this project as being exciting as it involved “finding, recording and researching our collection,” with the process involving contacting residents to aid in the identification of buildings and people with the information “recorded electronically along with the digital images, so that we can add to the stories that we tell about Chesterville’s past.”

Certainly, this project will be an important legacy from the CDHS, a veritable gift of our collective past to the future by the people of today.

## NDDHS Report

By Jamie Wilson

Student Council Communications



### Last week of classes

This week is the last week of classes of the 2020/2021 school year. We are having our graduation ceremonies with Grade 8 and Grade 12 virtual graduation ceremonies on the 22nd and 23rd, respectively. On Thursday the 24 and Friday the 25, the Grade 12 graduates have a scheduled drive-thru graduation where they will receive their grad gift packages and have the opportunity to say goodbye to their teachers and take some photos. Congratulations to all the graduates. Grade 8 graduates, best of luck entering high school next year. Your high school experience is what you make of it; get involved, make memories, and have a good time. Grade 12 graduates, wherever life takes you next year, make the most of it. You are all capable of doing great things with your lives. Thank you for all the memories.

As it is the final week of school, this is my last article as student council minister of communications at NDDHS. Despite the nature of this year, with remote learning and Covid restrictions for the typical school events, I have had a fantastic final year of high school. Thank you to my fellow student council members for putting effort into making this year fun, even though we could not have a lot of our typical events. Spirit Day competitions with Seaway were my personal favourite thing to come out of this year; maybe they will become a new tradition between our schools. Throughout my four years at NDDHS, I have learned some advice that I would like to pass on: ask for help, believe you are capable, and find joy in the little things. That is what got me through all the ups and downs of high school.

It has been my pleasure writing weekly articles for the community for this year. Have a wonderful summer!

## Sometimes it is all way too much for me to digest

Paying attention to the news on a regular bases is something I would normally encourage. Being aware of what is shaping the world around you is crucial to understanding whatever version of reality you are operating in.

For example, it’s interesting to note that the United Counties of Stormont, Dundas and Glengarry council recently had a lively discussion about all of the roads in the county that could use better policing or at the very least a lower speed limit. Pretty boring stuff unless you are one of those unlucky people challenged by a car racing down a county road at the speed of light.

Those kinds of encounters rarely end well especially if you are a deer, squirrel or chipmunk, raccoon or turtle that has made the unfortunate decision to cross the road at that exact moment.

However as pedestrian as it may seem, that discussion reflects the actual concern and commitment our elected representatives have about our welfare.

On the other hand, there is the news about a next tier government leader being carried away for alleged criminal activities. That news was

enough to shake up even the most ardent news’ junkie, followed by the good news about the mayor of Cornwall being selected to be a Canadian Senator, followed by the news that the Russell Agricultural Society held an amazing 430 chicken barbecue served up on the weekend.

Good stuff to hear but makes one dizzy following it all.

Then the Montreal Canadians end up in a pickle in their play-off series with the Golden Knights followed by the happy news that North Dundas Deputy Mayor Al Armstrong will be assuming the mantle of Stormont, Dundas and Glengarry warden for the next five months.

Not to be outdone, within minutes of hearing about a tornado warning designed to save us all, should an aspiring tornado figure out where Dundas County is, comes the bitter sweet news that Edwin Duncan, founder of JED Express in South Mountain is going to take his foot off the gas pedal and try to spend his golden years doing something less taxing than running an amazingly successful local trucking company.

As an avid news addict, going from the lows of political intrigue to

the celebration of a life well lived can cause a certain amount of vertigo.

Having overdosed on all that news, I decided to take a break and stroll through my Facebook feed.

There I encountered a universe of the bizarre, scary, nonsensical. Stupid, annoying, and discouraging comments and posts from my fellow humans who consider toenail fungus the topic of a news flash.

There was no escaping the avalanche of information, silly and serious that came pouring out of my cell phone/ tablet/ computer and goodness only knows what other device.

There does not seem to be any medication to sooth the tumultuous fever of brain activity triggered by all the news zipping around me, or all the airborne electrons streaming through the walls into my devices.

Eventually you have to accept the fact you are addicted and try to slow down the addition infused news with a few minutes spent with your local newspaper.

The act of turning a page gives your brain a moment to readjust itself from the last morsel of news.

Joseph Morin



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# Horses and people go well together

**Joseph Morin**  
Record Staff

**SOUTH MOUNTAIN** – The relationship between physical and mental health has always been a special one.

Often one affects the other and looking after your mental health, needs to be a priority.

Amber Denis owns and operates Equi-Soul-Horses for the Soul in South Mountain.

She uses horses to help people who have suffered any number of stressful situations including anxiety and trauma. The relationship between a human and a horse can be extremely therapeutic.

“My official title is equine assistant personal development coach and facilitator.

I have received training to do what I do.”

The official name of the training sessions is EAL or Equine Assistant Learning which is the practice of coaching clients through personal development with horses as our partners. EAL has proven to have better and faster results than regular talk therapy as clients felt more comfortable in their environment.

Horses can teach us many things such as leadership, teamwork, impact, boundaries, self-control, confidence, trust, task focus, patience and so much more.

Denis mostly works with women and children and teen girls who suffer from depression, anxiety, and trauma. “We partner them

with horses to help them overcome these challenges,” said Denis.

In early June, Denis invited several people to her farm who wanted to learn how to help people connect with horses. These associates look after the practical side of connecting with a horse while she looks after the therapeutic side of the relationship.

Denis said, “At first we just get acquainted, we learn about the horse. And safety around the horses and then we start a conversation from there.”

Denis explained that she could not do the work she does with people without the help of the horses.

“They really do open up people, they are a huge part of it. I cannot do this without them.”

Horses are very perceptive when it comes to emotions and they are able to sense what a person is feeling.

“They use their instincts to survive in the wild,” said Denis.

“Even though these horses are domesticated they still have those instincts. So, whenever someone is near them they feel what a person is feeling, the emotional side of it. They are that sensitive. If someone comes and they are grumpy or they are feeling a little bit of anxiety the horse feels it immediately and they display it in their own way. So, whenever a client is working with a horse, I know what they are feeling. I will



Training day at Equi- Soul in South Mountain. Left to right are: Amber Denis, Tucker the horse, Jason Abramovitch, Hailey Imrie, Sarah Nightingale, Beau the horse and Shawna Bilow. Sitting on the horses are: Cynthia Racine and Shelly Foster. Morin Photo

know what is happening inside of them. You cannot lie around a horse they will see right through it,” she said.

“It really helps to open someone up and because it is such a non-traditional setting, we are outside, spending time with a horse maybe brushing it. It makes the conservation that much easier than if you are sitting in a room with a therapist.

It is a therapeutic setting. People come here and are more relaxed. They feel comfortable opening up. They talk with the horse more than they talk with me.”

People are more relaxed around horses.

“Women are more drawn to this program, but I have had lots of men and young boys come out as well and experience the same thing,” said Denis.

It’s not going to work for everyone but as long as you are open to try it, that is what matters.

Working with horses to help open up a human being in order to help them with whatever issues they may have can be used in different ways.

She also works with corporations in team building projects.

She is currently working on ways to help first responders deal with post-traumatic stress disorder and is also working with RCMP on a project they would like to do.

For more information about Equi-Soul- Horses for the Soul, and what they do go to: equi-soul.com or email them at: equi-soul@outlook.com or call 613-880-9660.

# Growing for others

**Carolyn Thompson Goddard**  
Record Staff

**FINCH**—The North Stormont community of Finch is known for its generosity and willingness to help those in need. Recently, volunteers from the Finch Recreation organization decided to assist Community Food Share (CFS) in their “Grow A Row” program by building and planting several raised garden beds in which fresh produce will be grown and provided to CFS.

Finch Recreation member and spokesperson Vicky Tait told *The Chesterville Record* the idea for creating the garden plots arose after the organization shared the CFS Facebook post on the “Grow A Row” program. Chad Brownlee suggested the group “take it a step further” and build four to five garden boxes, which volunteers could adopt, with

all produce grown donated to CFS. Tait explained adoptees plant “the bed as they choose and will maintain it during the growing season.”

Two of the garden beds are at the Finch View Villa, as a resident has offered to maintain them, with the remainder located at the Finch Park/playground. Tait explained the park is located behind the Church of St. Bernard, explaining MAQ Sonar had “donated the property when we built the playground many years ago.”

According to Tait, the response from the community for this project was immediate, with enough volunteers stepping forward to maintain ten garden beds. She continued Finch Recreation purchased local “cedar, landscape cloth & tomato cages,” with some Finch firefighters constructing the beds. All plants/seeds, topsoil and fertilizer have been donated and she wished to thank all the volunteers and donors for their assistance in this program on behalf of

Finch Recreation.

She mentioned how the gardens will be growing “a little bit of everything from tomatoes, peppers, cucumbers, onions, squash, beans, peas and more,” with 100 per cent of the crop provided to CFS whose volunteers will “transport the produce to Winchester.” The Finch Satellite Location of CFS is open every Thursday and food hampers can be reserved by calling 613-774-0188.

Tait pointed out how “We are fortunate to live in such a generous community,” noting how when a “call to action” is initiated by community groups, there is no shortage of volunteers or donors responding. She commented how the “initial pledge of four to five garden beds, more than doubled because of the response of volunteers to adopt a bed and donate product.” This demonstrates once again how North Stormont is indeed a “great place to grow.”

# Cards of Thanks



On behalf of the family of **Gordon Collingridge**, we would like to thank you all for your love and prayers that came in over the past few months when Gordon was sick. Since his passing, the condolences, and appreciation for Gordon's

charity work, have been overwhelming. We would also like to extend our deepest thanks to Marsden & Mclaughlin funeral homes, St. Clare's Anglican Church, and the Ottawa Hospital for their special care.

*Eva Collingridge & Mary Lefave*

# In Memoriam

**HARLAN GLEN HELMER**  
SEPTEMBER 30, 1918 - JUNE 27, 1997

A man I really miss,  
The best father-in-law, older brother I never had.  
A father to the best wife anyone could have.  
I miss the talks we had,  
And, the trips we took.  
The ridge is not the same.

Love now and forever,  
**Your son-in-law,**  
**Earl Windsor & family**

## Church DIRECTORY

Your Guide to Local Houses of Worship

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**The United Church of Canada CHRIST CHURCH UNITED**

5 Casselman St., Chesterville  
Pastor: Debbie Poirier 613-850-2725

**PLEASE NOTE:** Due to current COVID-19 restrictions our church building is temporarily closed. Telephone calls are answered at 613-448-2532.

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**THE UNITED CHURCH OF CANADA AVONMORE-FINCH-MARTINTOWN**

**ST. JAMES - CHALMERS - ST. ANDREW'S**  
PASTORAL CHARGE Minister: Rev. Lois Gaudet BBA, BTh, MDIV  
Contact: Tel: 613-346-1648 Email: revlgaudet@gmail.com

With the ongoing lockdown, our churches are closed until further notice.

---

**ST. LUKE'S - KNOX PRESBYTERIAN CHURCH - FINCH**

MINISTER: Rev. Dr. Cheryl Gaver 613-918-0506 Church: 613-984-2201  
cgaver@cogeco.ca www.finch-avonmore-presbyterian.ca

**Closed until further notice.**

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**PRESBYTERIAN CHURCH - Morewood**

**ST. ANDREW'S - Chesterville ST. PAUL'S - Winchester**  
Interim Moderator Rev. Samer Kandalaf 613-258-4136

**St. Andrew's Presbyterian Church, Chesterville and Morewood Presbyterian Church will be closed for in-person services for the duration of the provincial lockdown. St. Paul's Presbyterian Church in Winchester remains closed until May.**

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**NATIONSIDE PENTECOSTAL CHURCH**

Rev. Edwin Valles  
Email: ebvalles@hotmail.com Office: 613-448-2272  
IDP Group Inc., 171 Main St. North, Chesterville

**Please note:** No Sunday and Wednesday meetings during the pandemic.  
**Please join us on Sundays at 10:30 a.m. for our online service on Facebook: Nationside Pentecostal Church**  
www.nationside.org  
Affiliated with the Pentecostal Assemblies of Canada

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**HARMONY COMMUNITY CHURCH**  
Evangelical Missionary Church

12010 Ormond Rd. & Hwy. 31 613-774-5170 www.harmony-church.org  
Senior Pastor: Rev. Daniel Wallace

**Weekly Services - Sunday at 10:30 a.m.**

**We are open for services by reservation only**, as space and seating is limited in compliance with the COVID-19 restrictions **OR** join us via our YouTube channel ([https://www.youtube.com/channel/UCoPy\\_DABzz4REc-A76-EvrA](https://www.youtube.com/channel/UCoPy_DABzz4REc-A76-EvrA)) for our live stream at 10:30 a.m.

*No Sunday School or Nursery during these current restrictions. Contact the church office if you have any questions regarding this or any other meetings.*

**NOTE: Registration to attend is required for our Sunday morning service. Please call the church office to reserve your spot.**

---

**ST. MARY'S ANGLICAN CHURCH**

139 Castor St., Russell, ON Parish Office: 613-445-3226  
Presiding: Rev. Anne Quick  
infostmarysrussell@rogers.com Website: www.stmarysrussell.ca

**Please join our virtual service, Sundays at 10 a.m.**

If you would like to join our service via Zoom email: infostmarysrussell@rogers.com for the link.

*St. Mary's Church is engaged in actively sharing God's unconditional grace and love.*

---

**WINCHESTER BAPTIST CHURCH**

486 Main St., Winchester  
Pastors Bud McKibbin and Mollie McKibbin

**Join us Sundays at 11 a.m. for our virtual service**  
Church closed until further notice. Traditional Music - Centred Services.

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**CHESTERVILLE**

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Pastor Brian Barr 613-448-1758

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Administration Priest: Fr. Cyril Duru  
Parish Secretary: Patricia Guy - 613-448-3262

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**ST. CLARE'S ANGLICAN CHURCH OF NORTH DUNDAS**

Rev. John Wilcox 613-774-2236  
www.stclaresanglican.ca 2530 Falcone Lane, Winchester

**Visit us online for Sunday Service at our links below.**  
On Facebook at The Anglican Parish of North Dundas at St. Clare's.  
On YouTube at St. Clare Anglican.



# Cornwall's Bernadette Clement selected for the Senate

CORNWALL – Cornwall Mayor Bernadette Clement has been appointed to the Senate.

Clement is a lawyer and politician, who has served as Mayor of Cornwall since 2018. She was the first woman to be elected as Mayor of Cornwall and the first Black woman to serve as a mayor in Ontario.

Prior to this, she served three terms as city councillor. She is very proud of the fact that her mother, who passed away in 2021, grew up in Manitoba as a Francophone and her father, who is a few months shy of 100 years young, grew up in Trinidad, and that she reflects both Canada's diversity as well as its linguistic duality.

In 1991, after being called to the Bar of Ontario, she started her legal career with the non-profit corporation Roy McMurtry

Legal Clinic, where she still works today. She worked as a lawyer, before serving as deputy director for 16 years. She has been the executive director since 2017, and in this role, she continues to practice law focused on representing injured workers and has been an ardent advocate for those less privileged in society.

She also taught Ethics and Legalities to health care students part-time at St. Lawrence College from 2001 to 2005. She is a member of the Association des juristes d'expression française de l'Ontario and the Stormont, Dundas & Glengarry Law Association.

Along with her participation on numerous Cornwall city council committees, including the St. Lawrence River Institute, Ms. Clement has been

active in her community. She has been co-chairing the Race Equity Advisory Committee for the Association of Community Legal Clinics of Ontario since 2020 and served as member and chair of the Maison Baldwin House, a women's shelter, for approximately 15 years. For over 20 years, she also volunteered with the Kinsmen Community Residence and the Cornwall and District Immigrant Services Agency and was a member and the chair of Inspire Community Support Services, a counselling agency providing support for families and persons with disabilities.

Ms. Clement is a recipient of a Cornwall District and Labour Council award for outstanding service to injured workers and a Legal Aid Ontario GEM award for outstanding achievement.



**Bernadette Clement**

Courtesy Photo

**HAPPY Canada DAY**

**Eric DUNCAN MP**  
STORMONT—DUNDAS—SOUTH GLENGARRY

ERIC.DUNCAN@PARL.GC.CA  
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**Happy Canada Day**

*Stay Protected!*

**Jim McDonell, M.P.P.**  
Stormont - Dundas - South Glengarry

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# Happy birthday, CANADA!

*To the residents of Dundas & Stormont counties, we would like to wish you a happy, healthy & safe Canada Day.*

*Although we will not be gathering together for the 2021 Canada Day celebrations, know that we will be together in spirit.*

*Looking forward to 2022 where we can all join together in celebration once again!*

## FLY THE FLAG!

Canada is made up of 10 provinces and 3 territories. Can you identify the flag associated with each of them?

- Northwest Territories: \_\_\_\_
- Alberta: \_\_\_\_
- Manitoba: \_\_\_\_
- Ontario: \_\_\_\_
- Nova Scotia: \_\_\_\_
- Quebec: \_\_\_\_
- Saskatchewan: \_\_\_\_
- New Brunswick: \_\_\_\_
- British Columbia: \_\_\_\_
- Newfoundland and Labrador: \_\_\_\_
- Yukon: \_\_\_\_
- Nunavut: \_\_\_\_
- Prince Edward Island: \_\_\_\_

For answers go to page 10.

**TOWNSHIP OF NORTH DUNDAS**  
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Long Sault, ON K0C 1P0  
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1-800-265-3915  
[southstormont.ca](http://southstormont.ca)  
[info@southstormont.ca](mailto:info@southstormont.ca)

# Edwin Duncan retires JED Express in South Mountain

Joseph Morin  
Record Staff

**SOUTH MOUNTAIN** – If you are lucky you will have one or two opportunities in your life to change course and write a new chapter.

Edwin Duncan owner of JED Express has never shied away from hard work and taking chances and with that in mind he has decided to call it quits and “cash out” as he calls it.

He is currently in the process of closing JED Express down and moving on to the next chapter in his life, which, may be just as busy as the last one.

“I decided to retire,” he said.

What triggered the retirement idea was the increase in value of trucking equipment in the industry, and that made the idea of retiring attractive if you had a great deal of equipment to sell.

“A few weeks ago I was leafing through a magazine from the United States, and it said equipment prices have never been this high. I started adding things up and decided that it did not look too bad,” said Duncan.

He remembered he went to bed that night with the numbers floating around in his head and could not sleep very much.

The next morning he got up and decided to run the numbers again to see if he was right the first time, and he was. A third look at his situation later that same day resulted in the same results.

Between the price he expected to get from all his equipment and the value of his trucking yard he thought there was not going to be a better time for him to retire.

“It was a perfect time for me to get out,” he said.

JED Express has been a success throughout its 28 years.

The company was founded in 1993. It moved a great deal of what is used by the plastics industry called plastic chip. When JED Express started out though they delivered hay from eastern Ontario farms to horse owners all over south east USA until 2010.

He took to Facebook to announce his decision. He posted: “I have been looking at various options, and while JED Express is in a great place with 39 trucks on the road, the best way to move forward and retire now is to wrap up the operations at the end of the month, and, “cash it out” as they say in the business world.”

Duncan’s trucking company is known by all and is a landmark operation in eastern Ontario. It has been recognized by Deloitte as one of Canada’s Best Managed Companies for six years in a row.

JED Express has also been a two-time recipient of the United States Environment Protection Agency’s, (EPA), SmartWay Excellence Award recognizing exceptional freight performance among EPA SmartWay Partners.

Duncan has a few other small companies he has created over the years that are doing well and will keep him busy in his retirement.

In the meantime he is looking forward to a new adventure. He posted: “I turn 63 this year and want to enjoy more time down south in Florida and on some smaller business projects I have started in recent years. I am in good health. JED and our staff have been lucky to keep in good shape, especially during these challenging times.”

Duncan and his wife Francine plan to live on a property they own on Brinston road just down the road from where he is now.

He said there would not be an issue for all of his drivers finding another company to drive for.

Duncan feels a tremendous amount of satisfaction for how JED Express has enriched North Dundas, employed hundreds of people and supported its community.

Even in retirement he intends to stay connected to his community and his friends.

“I still want to be around to help out with different things in my community. That will not change.”

He has no regrets and intends to keep busy with all of his projects.

He started his journey 40

years ago in a 1973 Astro Cabover truck he had purchased from his neighbours Debbie and Glen Marriner.

He worked with his brother Donnie until he started up his own trucking company, JED Express.

Duncan said he was proud of what he has accomplished for his family and his community and expects he will still contribute his energy whenever he can.

“This will take a great weight off of my shoulders,” he said.

He has a freight brokerage in Covington Virginia that is celebrating 20 years in business and a trailer rental business that he is keeping as well.

“Over the past six years I have developed my own software program for dispatching trucks,” he said.

The program is called Eleet and can be found at eleet.ca.

“I am going to put my focus on that,” he said.

The program not only watches over the dispatching of a fleet of trucks but it also does all of your invoicing, payroll, as well as maintenance scheduling.

He has six people working on the program. Four are in Canada and two are in India.

Duncan’s definition of retirement is a little different from the average Canadian.

He explained in his version of retirement he will be only working half days. “I will be slowing down,” he said.

“It was time for a change and I am really excited about the software.”

Duncan is leaving behind a great many good memories and feelings.

The reaction from his customers about him moving on has been complementary and demonstrates how his success was in many ways a part of their own.



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# South Dundas makes water rate increases official

**Sandy Casselman**  
Record Staff

MORRISBURG – The Municipality of South Dundas has officially passed bylaws increasing the Water Capital Levy and the Water Flat Rates for the users of the South Dundas Water Treatment Plant.

The bylaw changes were approved during the June 14 council meeting. Having been discussed at previous meetings, council did not comment on the changes, but unanimously voted in favour of both bylaw updates. Coun. Lloyd Wells was not in attendance.

The Water Capital Levy rate will increase by 23 cents per cubic metre, making the new rate \$1.03 per cubic metre in total. Treasurer Sarah McMillan said this will be used to repay the Infrastructure Ontario loan of just over \$1 million dollars. The loan was

part of a financing plan approved by council in December 2020 to fund the Morrisburg and Iroquois Water Tower Rehabilitation project. The plan includes \$341,457 from the Clean Water and Wastewater Fund, \$800,000 from the Rideau-St. Lawrence Investment Income, and \$1,056,052 from Infrastructure Ontario.

The Water Flat Rate will increase by \$7.50 per month. McMillan noted in her report that this rate is used to fund “the total water budget for the villages of Morrisburg and Iroquois and contributes to reserves for future repairs and replacements.

With the two bylaws passed during the June 14 meeting, the increases will come into effect beginning July 1. The changes were also reflected in an updated 2021 Budget Bylaw, which council also passed

during the meeting.

“It has been a challenging year so far in South Dundas and I do appreciate the residents and all that they have to share with us as a burden with dealing with some of the challenges with infrastructure and everything else that’s going [on] here,” Mayor Steven Byvels said. “I do appreciate your support. I know taking money out of your pocket is never an easy thing but as demonstrated in our last meeting with what’s happening with our infrastructure underground along with everything else we’d like to do in South Dundas; to (a) keep things up and (b) make things better, certainly it all costs money and we will do our best as a council to look after your needs and ensure that your dollars are spent as well as possible.”

# Looking for deals in Ingleside

**Carolyn Thompson Goddard**  
Record Staff

INGLESIDE—The weather cooperated with a great turnout for the Ingleside Community Yard Sale (ICYS), held on Sat., June 19.

There were plenty of people out in the sunshine looking for a deal or perhaps just enjoying seeing all sorts of items. One person was overheard saying how she had spent some time mapping out the locations of the different sales in Ingleside so nothing would be missed. For nearly ten years (except 2020 due to the COVID-19 pandemic), Gloria and Richard Waldroff have been organizing this successful event and have held a charity barbecue for various charities during the ICYS.

Gloria explained they “pick the date and do the promotion through

Facebook” and provide advertising free of charge using signs from their company, G&R Enterprises. She continued the ICYS Facebook page has received many positive comments about the event from both buyers and sellers. Gloria mentioned G&R Enterprises also “donate a sign for the Long Sault Community Yard Sale” now planned for June 26 and organized by Tim Gervais who “has taken over from Donna Primeau.”



There were just under 50-yard sales to visit on Sat., June 19 in Ingleside when that South Stormont community held their annual Community Yard Sale.  
Thompson Goddard Photo

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# Community steps up for House of Lazarus

**Sandy Casselman**  
Record Staff

MOUNTAIN – “This year in all respects has been a very challenging year and a very odd year,” Mark vanDelst, chair of the House of Lazarus (HOL) community outreach mission’s board of directors said.

It was during the June 16 virtual HOL annual general meeting that vanDelst made the statement. Grants were up. Donations were up. Fundraising was down. Sales were down. Food bank client numbers were down. Food bank donations were up. Expenses were up. The year ended with a small surplus of roughly \$6,508.

“As the pandemic arrived and the first lockdown started, most of the HOL team were laid off and our stores and donation drop-off areas were closed,” executive director Cathy Ashby said. “During this time, our community donations increased

dramatically; once again people in our community cared about those who were in need.

This year, HOL’s revenue consisted of 41 per cent grants, 30 per cent store sales, and 29 per cent donations. While sales dropped by roughly \$60,000 and fundraising was down by roughly \$20,830, grants were up by roughly \$235,882 and donations were up by roughly \$55,630.

“It was a very trying year because we didn’t know if we were going to make ends meet,” Ashby said. “The grants we received just didn’t exist before. We didn’t know what was ahead of us as the year went on.”

During a regular year, HOL, which is not government funded, relies on its store revenues to run its food bank and many outreach programs. This year, due to COVID-19 pandemic, shopping regulations and lockdowns, store revenues took a bit of a

hit. Although down from the previous year, Ashby said that from April 2020 to March 2021 sales were still significant, accounting for roughly \$351,463 of HOL’s income.

“We gave out 81,924 pounds of food, which is 13,358 pounds more than the previous year,” Ashby said. “Twenty-four per cent of our food bank clients are new.”

HOL Food Bank fed 240 families (641 people) this past year. Thirty-eight per cent were children and six per cent were seniors. In addition to moving its original food bank from Mountain to South Stormont at the Ingleside-Newington United Church on Maple Street in August 2020. Through its two food bank locations and many outreach programs, HOL fed families throughout Dundas, Grenville, and Stormont, as well as parts of Ottawa

South.

“We managed to keep a lot of our core and most-needed programs running through the pandemic,” vanDelst said, adding that this is a strong testament to the hard work and dedication of both staff and volunteers.

The majority of HOL’s Food Bank Member Programs continued to run. The community garden brought in 1,036 pounds of fresh produce. Six crockpots and 203 monthly food kits were given out through the Crockpot Cuisine program. More than 600 clothing vouchers and close to 300 household good vouchers were used by food bank clients from HOL and its partnering food banks. This represents roughly \$22,000 worth of clothing and household goods, as these vouchers provide free clothing and household goods, including toys and books.

As for HOL’s Outreach Programs, Operation Backpack ran full speed ahead despite school closures. In fact, HOL

provided students with food throughout the summer of the first official lockdown. Operation Backpack served 168 children, providing 5,632 backpacks of food throughout the year. The other outreach programs that continued to serve the community were Heat for the Holidays, Neighbours Helping Neighbours, Handyman Heroes, Starting Over, Back to Work, and Youth Hunting.

“We received over \$225,000 in grant funding this year,” Ashby said.

It was through a series of grants from community organizations, the province, and the federal government that not only kept things afloat but allowed for necessary renovations to the Mountain-based thrift store and offices. The grants also contributed to new food bank appliances, including a much-needed walk-in freezer.

“The community stepped up and they donated far more money than last year,” vanDelst said. “We have an awesome community here

and we should be proud of that.”

HOL’s AGM included the requisite auditor’s report, financial statements, and welcoming of new members to the board of directors. This year, the meeting included a farewell presentation to long-time executive assistant Janet Carkner. While working for the outreach mission for 15 years, Carkner spent many volunteer hours helping with daily activities, fundraising, event preparation and hosting, and more. She was also instrumental in the development and implementation of the Linking Hands Lunch and Learn program.

“The year 2020 challenged all of us in many ways. As executive director of HOL, the year was filled with difficult decisions, problem solving to the extreme, as well as many new opportunities,” Ashby said. She thanked HOL’s community partners, volunteers, staff, and board of directors for their support throughout the year.



## Sunshine and vintage vehicles

Over 100 vintage vehicles took part in the second Annual Father’s Day Classics Drive around the village of Metcalfe organized by the Metcalfe Fair Board. The weather was excellent for the event, with people lining the sidewalks on the parade route. It was an excellent way to get out of doors and enjoy the warm weather while being able to view vehicles from yesteryear.

Thompson Goddard Photos



**Municipality of South Dundas**  
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### EMPLOYMENT OPPORTUNITY

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The Municipality is looking for a Transportation Department Operator/Labourer, responsible for the repair, construction and maintenance of Municipal roads, rights-of-way, equipment, property and other assets in accordance with Municipal standards and policies. Hourly rate of \$23.67 for 40 hours a week.

Read the full job description at [southdundas.com](http://southdundas.com).

### Notice to Residents & Property Owners Regarding Noxious Weeds

Under the *Weed Control Act*, R.S.O. 1990, Chapter W.5 Section 3, 13, 16 and 23, you are requested to destroy all noxious weeds on your property.

The main purpose of the *Weed Control Act*, is to reduce the impact of noxious weeds on the industries of agriculture and horticulture. Primarily this act applies to agricultural and horticultural lands that generate income or other benefits to agriculture; this excludes lawns, gardens and private areas for personal enjoyment and leisure.

Common Noxious Weeds in our area include Wild Parsnip, Wild Chervil, Ragweed and Poison Ivy.

All properties within the Township of North Dundas and Municipality of South Dundas and Townships of North and South Stormont are hereby requested to be in compliance with the *Weed Control Act* by the 28<sup>th</sup> day of June, 2021 and throughout the season.

We appreciate the tremendous efforts of residents who maintain and voluntarily control weeds and grass along their respective driveways and roadsides.



**North Dundas**  
Township of North Dundas  
Jo-Anne McCaslin, CMO  
Deputy CAO/Clerk  
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Peter Leyenaar, Weed Inspector  
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## NORTH STOR SUPPORT CENTRE

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### JULY 2021 PROGRAMMING

**DRIVE THRU DINERS – Thursday, July 15, 2021 at 12 p.m.**  
Hamburger, Fries, Salad & Corn on the Cob, Dessert

**DRIVE THRU DINERS – Thursday, July 29, 2021 at 12 p.m.**  
Cesar Salad, Lasagna, Garlic Bread & Dessert

Please call the Centre for more details and to sign up. Cost is \$7 per person  
613-984-2436 Ext. 0

#### Coffee Time

Outside under the canopy  
Tuesday and Thursday mornings throughout the summer at 8:30 a.m.  
Space is limited as per COVID-19 restrictions so you must sign up.

COVID screening protocols  
in effect for all events.

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and Stay Active

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NOTICE

NOTICE TO CREDITORS AND OTHERS IN THE ESTATE OF DONALD DWAYNE RUNIONS

ALL persons having claims against the estate of Donald Dwayne Runions, late of 73 King Street, Apartment No. 4, Chesterville, ON, K0C 1H0, who died May 14, 2020, are required to file proof of same with the undersigned on or before July 30, 2021, after which date the estate will be distributed with regard only to the claims of which the undersigned shall then have notice and the undersigned will not be liable to any person of whose claim he shall not then have notice.

Dated at Winchester, Ontario this 4th day of June, 2021.

JEAN RUNIONS, Executor,

By her solicitor herein,

DAVID J. BARNHART
Barrister & Solicitor
P.O. Box 730, 489 Main Street
Winchester, Ontario
K0C 2K0

50-3

CANCELLATION - The Maple Ridge Cemetery Inc., Memorial Day Service that was scheduled for June 27, has been cancelled. If you would like to make a donation, please mail to: Maple Ridge Cemetery Inc., P.O. Box 1182, Winchester, ON K0C 2K0.

50-3

FOR RENT

FOR RENT - 2 bedroom apartment in Williamsburg, 2nd floor, 1st and last month required, \$850/month, heat and hydro included. References. Call 613-535-2208.

50tfc

GARAGE SALE

GARAGE SALE - Sat., July 3, rain or shine. 1 Merklely St., Morrisburg. 8 a.m. to 2 p.m. Household items of all sorts.

51

VOLUNTEER

VOLUNTEER NOW!

Organizations or individuals who have tasks which could be done by students looking for their volunteer hours, are welcome to advertise in this space free of charge for TWO (2) weeks. Call The Record at 613-448-2321 with your requests.

tfc

WORK WANTED

WORK WANTED - Pargeting and brick work. Chimney/foundation work and painting. Call Gary at 613-523-5056.

52

HELP WANTED

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Hours are 7 a.m. - 4 p.m. with the possibility of week-ends after summer. Minimum age is 16 & up. Reply to: chestervilledairyfarm@gmail.com.

50-3

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51-2

FLY THE FLAG!

Answers for the Fly The Flag from page 6

- 1. L 10. E
2. A 11. M
3. C 12. G
4. H 13. I
5. F
6. K
7. J
8. D
9. B



Birth Announcement

LOGAN NELSON KNAPP

Tyler Knapp and Erika Johnson are pleased to announce the safe arrival of their son Logan Nelson Knapp on April 4th, 2021.

Very proud grandparents are Nelson and Susan Knapp, Denise and Ralph Campbell, Gary and Martha Johnson.



Law firm advertisement for Grenkie, Remillard & Reynolds LLP. Includes contact info for Chesterville, Prescott, and Morrisburg offices.

Canada Day announcement for The Chesterville Record. Will be closed on Thursday, July 1st and Friday, July 2nd, 2021.

Advertisement for bakertilly services including Accounting, Assurance, Taxation, and Business Consulting Services. Contact: 613.774.2854.

Advertising Pays graphic

Crossword puzzle grid with numbered squares.

CROSSWORD PUZZLE FOR THE WEEK OF JUNE 24, 2021

- CLUES ACROSS: 1. College group, 5. Small morsels of food, 11. Actress Dunham, 12. Puts a limit on, 16. Used for baking or drying, 17. Commercial, 18. Zookeeper Bindi, 19. Walk in one's sleep, 24. The Great Lakes State, 25. Winter sport, 26. A thin layer on something, 27. Peacock network, 28. Give birth to a lamb or kid, 29. "Too Scared to Cry" author, 30. Nose, 31. Friend, 33. Country music legend Haggard, 34. Curved, 38. More deformed, 39. Bleated, 40. Set on its end, 43. An aspect of Ra, 44. Releasing hormone (abbr.), 45. Harsh, grating noise, 49. \_ Francisco, 50. Common Japanese surname, 51. Punish with an arbitrary penalty, 53. Football position (abbr.), 54. Not in the know, 56. African antelope, 58. Popular tech (abbr.), 59. Baseball teams get three of them, 60. Make up one's mind, 63. \_ Spumante (Italian wine), 64. Martens, 65. Susan and Tom are two, 33. Miller beer offering, 34. Feel embarrassed, 35. Able to be estimated, 36. Commune in NW France, 37. Adult female chicken, 38. Intergovernmental organization, 40. Archaic term for until, 41. That which is not sacred, 42. Sound made in speech, 44. Handgun (slang), 45. Fill up again, 46. Evoke or awaken, 47. Beam Me Up, \_!, 48. Spider wasp genus, 50. Headdress, 51. Exclamation of surprise, 52. Of I, 54. Figures, 55. Men's fashion accessories, 57. Indicates position, 61. Megabyte, 62. The Prairie State

Puzzle solution grid showing filled-in letters.

THE BENEFITS OF CROSSWORD PUZZLES
Even though crossword puzzles have been entertaining and helping people pass the time for more than 100 years, the benefits of crosswords go beyond boredom-busting. Various studies have shown the positive effects crossword puzzles can have on a person's brain and capacity to learn.
- Improve vocabulary
- Strengthens memory
- Improve socialization
- Help relieve stress
- May help prevent brain diseases
Crossword puzzles can fill empty hours with an entertaining and educational activity. However, there are many other benefits to doing crossword puzzles that may surprise even the most ardent puzzle enthusiasts.

# 'Good Things Grow in Ontario'

SOUTH DUNDAS—After a long, cold Canadian winter, there is nothing like hearing the announcement that local strawberries are ready to purchase, except perhaps to eat a freshly picked plump, juicy, locally grown strawberry. For many who purchase local fruit and vegetables fresh, the start of strawberry season reminds us that before long we will taste locally grown fruit and vegetables once again.

Three generations of the Dentz family have worked at Dentz Orchards and Berry Farm since it began in 1957 by Elmer and Corrie Dentz. Today their son Calvin and his wife Cathy own and operate the business with their two teenaged children who work with them on the farm.

In a recent interview, Cathy explained their top three crops include strawberries, raspberries, and apples, with customers able to purchase "sugar snap peas, green and yellow beans, tomatoes, potatoes, cucumbers and sweetcorn grown on the farm and sold at the on-site farm market. As well, we sell strawberry and raspberry jam homemade from our berries and unpasteurized honey."

She continued their largest crop is strawberries, with their 2021 strawberry season beginning on May 28, "the earliest start date in the 64-year history of the farm," and the "pick-your-own strawberry season" opening on June 11. In addition to the June-bearer strawberries this year they have added "day-neutrals or every-bearing strawberries" which will be available between mid-August and the first frost.

In early July raspberry season typically begins. Cathy mentioned that "they are on track to mature earlier this year as well." The raspberry season is short, generally lasting around three weeks, with customers able to purchase pre-picked raspberries at the farm market or at the "peak of the season" can pick their own. She suggested checking Facebook, Instagram, or their website at [www.dentzfarm.com](http://www.dentzfarm.com) "for availability and picking conditions."

As fall approaches, the fruit on apple trees begin to ripen. Cathy commented that Paula Red apples are picked at the farm toward the end of August, with MacIntosh

# SMALL BUSINESS Spotlight



Cathy Dentz, who with husband Calvin, own and operate Dentz Orchards and Berry Farm, is shown gently holding the sweet harbinger of spring and summer – fresh local strawberries. Thompson Goddard Photo

and Courtland apples following the Paula Reds. She noted the popular Honeycrisp premium apple variety composes most of their apple harvest.

Throughout the summer, the different varieties of vegetables ripen with customers able to buy produce at the on-site farm market, which opens "when the strawberries are ready" and closes "after apple season." She suggests checking the hours of operation on the farm's website or Facebook page, but mentioned the market is closed on Sundays. Cathy also mentioned that Mike Dean's Local Food store carries their strawberries and Honeycrisp apples, as well as Ottawa area Metro and Food Basics stores. In 2020, for the first time, "excess apple and potato inventory was sold online" after the market closed and depending on "product availability we may offer that again."

When asked about community response to the farm market, she expressed thankfulness for "our local regular customers who return year-after-year." She has seen an increase in local traffic since COVID-19 pandemic which she attributes to people having "more time and inclination to shop local and buy direct from the farm."

The COVID-19 pandemic has brought some changes to the farm operation. Cathy noted the changes included "improving our network capability in the barn" and the purchase of Square Terminal so contactless payment could be made. A one-way traffic flow was implemented in the barn as well as the pick-your-own field and there is plexi-glass between staff and customers as well as hand sanitizer and wipes. She commented how "We can't wait until the plexi-glass can be taken down and we no

longer have to wear masks so we can smile at our customers and see their smiles back."

Cathy explained the pick-your-own customers can "stay two metres apart in the field" and sell strawberries by volume instead of weight which results in "less handling of containers." Customers are able to bring their own standard-size baskets or purchase one in the field. She continued how customers pay "upfront at the check-out" for the number of baskets they intend to use which allows for less congestion at check-out as when customers are finished picking berries they leave directly from the field.

There have been challenges with bringing their "temporary foreign workers into Canada from Mexico." Cathy said all workers had to travel on charter flights as the Canadian government had "stopped all commercial flights from Mexico and the Caribbean in March 2021. After quarantining for 14 days and producing three negative COVID-19 tests they can work on the farm. She noted "All our workers live and work in cohort groups, like a household and they can stay two metres apart as they pick berries in different rows outdoors."

There is a lot of work associated with running an agricultural business, with early mornings and long days. Cathy mentioned how during berry season, customers begin arriving at 8 a.m. when the farm market opens, with harvesters up earlier to pick the berries. Most mornings they will also load "a transport truck to bring our Ontario berries in the grocery store." With irrigating, weeding, staking, and tying plants "and many more jobs on the farm," Cathy commented how "I don't know that there is a typical day" on the farm.

The long hours and hard work performed by the Dentz family, and their agricultural workers is done to provide fresh local fruit and vegetables to the community. When asked what she considers to be the most rewarding part of the work, she replied how "It is rewarding to us to know we produce quality, safe and healthy food for our community."

*If you would like to have a light shined on your business, please contact us at: [editor@etceterapublications.ca](mailto:editor@etceterapublications.ca) or call us at 613-448-2321.*

## Always willing to 'Jump In': Commitment Award honorees announced

Jane Adams

WDMH Communications

WINCHESTER — The most recent WDMH Commitment Award winners like to step up and help. And both honorees have done just that during the COVID-19 pandemic.

Dr. Étienne Haché graduated from his medical residency program right in the middle of the pandemic

and quickly moved into his role as a Hospitalist at WDMH. In this role, Dr. Haché cares for inpatients at the hospital. He has learned quickly, while adapting to an ever-changing environment.

"Dr. Hache has had to lead the team on the floor through difficult days. He has maintained a positive attitude and pleasant demeanor and has been a

pleasure to work with," note his nominators. "We have been so fortunate to have such a dedicated physician staff this year and Dr. Haché has really proven that our residency program sets physicians up for success in any circumstance. Thank you for your dedication to WDMH, Étienne!"

In the Emergency

Department, registered nurse Brittany Coleman has shown this same type of enthusiasm and competence.

She became interim team leader of the ER in June 2020, taking over during a very stressful time. But you would never know it, say her nominators: "She comes to work every day with a big smile on her face and full of energy. She goes above and beyond for the ER staff, just as she does for her patients. She is a phenomenal leader with her knowledge, work ethic, and compassion. We are blessed to have her. Thank you, Brittany!"

The WDMH Commitment Award shines a light on individuals or teams that demonstrate the values that result in compassionate excellence.

If you would like to provide comments or suggestions about hospital services, please contact Cholly Boland, president and CEO, WDMH at 613.774.1049 or by email at [cboland@wdmh.on.ca](mailto:cboland@wdmh.on.ca).

The latest Commitment Award recipients are (l-r): Dr. Étienne Haché and registered nurse Brittany Coleman. Courtesy Photo



## Tractor parade for Glen Armstrong

On Sat., June 19, more than 150 tractors, cars, trucks and even a school bus took part in a memorial parade. The event was in honour of local resident and farmer Glen Armstrong who died in a farm accident. The parade started out from the Bearbrook Community Centre, made its way to the

Armstrong family farm and then returned to the centre. This parade is one of three planned for this summer. A second parade will take place in Carp on July 25 in honour of Dave Creighton. That parade will cover around 10 km from start to finish. The final parade in the area will be the annual St. Albert's tractor parade on Aug. 14. In this photo can be seen tractors and vehicles parked and ready to take part in the parade. Courtesy Photo

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## Development charges study in the works for Russell

**Sandy Casselman**  
Villager Staff

EMBRUN – The township of Russell has given Hemson Consulting Ltd. the go ahead to draft a background study for municipal-wide developmental charges.

The decision was made during a special meeting June 21. Hemson Senior Consultant Andrew Mirabella attended the virtual session to present a Development Charges (DC) Draft Rates report. In addition to receiving the report, director of finances and treasurer Richard Godin asked council to give Hemson the greenlight to proceed with drafting the background study. The vote was unanimous.

With the municipality's DC Bylaw due to expire on Dec. 12 of this year, Hemson was awarded a contract in February to conduct an update. In his report, Godin said staff have been working alongside the consultant to review each service's growth needs, formulate a 10-year growth forecast, and produce a development-related capital program.

"The principle behind this is growth pays for growth so that the financial burden of servicing new development is not borne by your existing tax- and ratepayers," Mirabella said. DC are fees imposed on development to finance development-related capital costs, such as new infrastructure and facilities that are needed to maintain service levels.

Mirabella's development forecast summary predicts a growth of roughly 6,600 people, 2,400 occupied households, and 950 employees over the next 10 years. The numbers are based on past growth information and trends dating back to 2006. The forecasted expense for general services, such as library, parks and recreation, fire protection, police, bylaw enforcement, and development-related studies, is roughly \$64 million, while the forecasted amount for engineering services, such as Public Works,

roads, water, and wastewater, is roughly \$46 million.

"With the growth that we're experiencing now, I think it only stands to reason that we have a fair bit of infrastructure that's associated with that growth and future growth expected to be at this high level. I think it only makes sense," Coun. Mike Tarnowski said. "I'm not uncomfortable with where we're at right now, to the point where if it was a bit higher, I would still be okay."

In a comparison of current numbers versus future trends, Mirabella said the total rural residential charge would need to increase by roughly 35 per cent, while the total urban residential charge would require a 27 per cent increase. Mirabella said the rate increase can be attributed to more robust departmental inventories and increased growth, increased intersection improvements and road requirements, continued recovery of negative reserve fund balances and existing debt, as well as to upcoming significant general service projects, such as the new recreation centre and the library expansion.

"From my perspective, I think it's fair what's there now," Mayor Pierre Leroux said in response to numbers presented by Mirabella. "I think it's in comparison, we're not on the high end, we're not on the low end. We have to think long-term as well. I'm comfortable with what is being presented."

A comparison chart highlighting residential DC across different municipalities showed that Russell sits roughly in the middle. The changes would see the township move slightly higher on the scale, but still significantly lower than Ottawa or North Grenville. In a non-residential DC comparison, Russell is below the mid-range.

The draft maximum allowable residential township-wide DC rates for urban services would be roughly \$22,909 for single and semi-detached, \$14,968 for rows and other multiples, \$13,211 for apartments with two or more

bedrooms, \$9,544 for bachelor and one-bedroom apartments, and \$7,635 for special care and special needs. Rural rates would exclude water and wastewater amounts. The draft maximum allowable non-residential township-wide DC rates would be roughly \$58.67 per square metre for serviced properties and \$14.33 per square metre for those not serviced.

"I'm not saying I'm not in favour of the amount," Coun. Jamie Laurin said. "I'd like to hear what [developers] comments are as well. We've got to make sure that we're doing everything for the right reasons and if it makes sense then we absolutely move forward. So, I have no problems with that."

Council has the right to implement the maximum allowable rate, which can be phased in, Mirabella said. He said it is important to consider lost revenue to be recovered from other sources, as well as the fact that past DC revenue cannot be recouped by way of higher DC.

Between now and Sept. 12, 2021, when a new replacement bylaw needs to be passed, there is much to do, Mirabella said. Hemson will prepare a municipal-wide DC Background Study, the study will be circulated for public perusal, a consultation will be held with developers, and, finally, a statutory public meeting will be held.

## Russell celebrates Pride Week

**Sandy Casselman**  
Villager Staff

EMBRUN – The township of Russell will be celebrating Pride Week in August.

The decision was made during the municipality's June 21 regular council meeting. A flag raising request from Richard Thain and the Kin Club of Russell was included in the night's consent agenda. Although there was no discussion, the request was approved unanimously alongside several other consent agenda items.

The Pride Flag will be raised in recognition of Ottawa's Capital Pride Week from Aug. 21 to 30. In addition, there will be a ceremony at Russell's townhall on Aug. 21 at 10 a.m.

## Its barbecue season

**Carolyn Thompson Goddard**  
Villager Staff

RUSSELL – The first barbecue chicken fundraising dinner organized by the Russell Agricultural Society was a resounding success with 430 dinners. For \$20, people were able to purchase a barbecued half chicken, coleslaw, baked beans, and a roll.

RAS member and dinner organizer Kim Williams explained the community was extremely supportive of the event. On behalf of the RAS she extended a sincere thank you to those who purchased meals, volunteered at the event and community businesses who supported the event. These

included Russell Foodland, Ronna Sheldrick of Sutton Real Estate, Jason Thompson of Thompson Boiler Works, Giant Tiger in Embrun, Frigid Refrigeration and Future Soils.

The RAS extended a huge thank you to Rob Zurawski owner of Smart Rocks for donating and building the BBQ, Russell Home Hardware and Rideau Auctions. A special thank you was extended to Bill Williams and Wayne Pitt for coming to help the pit crew and sharing their 55 years of experience and knowledge while commenting how "[they] couldn't have done it without you!"



From the left: Emily Welk, Liz O'Gorman-Smit and Kim Williams were among the volunteers in the kitchen serving up 430 chicken dinners for the Chicken BBQ Fundraiser for the Russell Agricultural Society.

Thompson Goddard Photo

The Russell Fair is planned for August 19-21, celebrating "162 years of Harvesting the Excitement!"



Rob Zurawski, owner of Smart Rocks, receives his barbecue chicken dinners from RAS volunteer Kim Williams.

Thompson Goddard Photo

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